

# CPAP cleaning checklist



Regular equipment keeps your equipment fresh and helps it last longer. Use mild soap, not harsh chemicals, and follow a regular cleaning schedule.

## CPAP cleaning schedule

Daily



**Mask cushion**

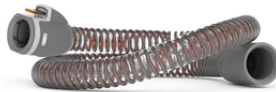
Hand-wash soap or mask wipes



**Humidifier**

Air dry

Weekly



**Tube**

Hand-wash soap



**Humidifier**

Hand-wash soap

Monthly



**Headgear**

Machine wash



**Mask frame**

Hand-wash soap or mask wipes